

GREAT THINGS ARE POSSIBLE!



WITH DANA HEE

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“THE ONLY THING WORSE THAN FAILURE, IS BEING TOO AFRAID TO EVEN TRY!”

And Dana should know! She was fortunate to overcome a traumatic childhood of abuse, abandonment, and family suicide. From the age of three she was raised in an Orphanage, Half-Way houses, on the streets, in a Government Shelter, and finally a Foster Home at the age of 16. On her own again at the age of 18, she fought to overcome a debilitating fear of failure, and an “I can’t” attitude. But, time after time, she found herself running from any chance, challenge, or dream...because, ingrained in her mind since childhood, was the belief that she was *not* good enough, and never would be! At the age of 25, in a final, tremendous effort to pull herself up, she took one step with courage and set out after her long-standing dream of winning an Olympic Gold Medal. That single step led to another step, and another. And what she learned by traveling that rocky road to the Gold, changed her life forever!

“THE THRILL OF VICTORY IS WORTH THE AGONY OF DEFEAT!”

Because, according to Dana, “There are consequences to our actions, and especially, our in-actions!” “Sure, there’s sometimes a price to pay for going after what you want,” she says. “But, the cost of *not* rising to the challenges in life is far greater!” “That fleeting moment of ‘victory’, can give you a lifetime of pride and satisfaction.” “And, whether you succeed or fail with your goal, you will end up feeling better about yourself for going for what you want...than spending your days, regretting what you did not do!”

“WE ALL HAVE A CHOICE...AND WE MUST CHOOSE...SO CHOOSE WISELY!”

This is what Dana tells her audiences. “Because it’s those choices that we make every single day of our life, which directly affects our success or failure...our happiness or misery.”

“HOW CAN I STAND IN FRONT OF AN ONCOMING CAR on a Hollywood movie, even though I *am* afraid?”

“It’s because I’ve learned to choose where to put my focus.” “I focus on what I need to do, and *not* on my concerns or fears!”

“EACH ONE OF US, HAS THE ABILITY TO LIVE A HAPPIER, LESS STRESSED, MORE PRODUCTIVE, AND SUCCESSFUL LIFE!”

“Many people think that I’m someone ‘special,’ because I have accomplished so much with so little.” “I am!” “Just like *you* are!” “We can all learn to choose wisely with our *attitude*, and what we *focus* on, and the rest will follow.” “With my stories of tragedy and triumph, along with video clips of my car hits and stunts from Block-Buster films, I can show you how!”

OLYMPIC GOLD MEDALIST

**AWARD-WINNING
HOLLYWOOD
STUNTWOMAN**



WITH DANA HEE...

OVERCOME

FEAR AND SETBACKS!

ACCEPT

CHALLENGE AND TAKE RESPONSIBILITY!

LEARN

A SIMPLE, EFFECTIVE WAY TO INCREASE
FOCUS/PRODUCTIVITY!

CHANGE

"I CAN'T," TO "I CAN!"



ATTITUDE

ATTITUDE IS A CHOICE THAT YOU MAKE EVERY SINGLE DAY THAT DIRECTLY AFFECTS YOUR SUCCESS OR FAILURE...YOUR HAPPINESS OR MISERY!

FOCUS

FOCUS IS THE LOCOMOTIVE OF SUCCESS. YOU JUST PUT YOURSELF ON TRACK AND GO FORWARD ONE RAIL-ROAD TIE AT A TIME. BEFORE YOU KNOW IT, YOU'LL BE HUMMING ALONG THAT RAILWAY SAYING, "I THINK I CAN," "I THINK I CAN," "I THINK I CAN!"

PREPARATION

PREPARATION IS THE SHELL THAT HOLDS THE EGG TOGETHER. WITHOUT IT, YOU JUST HAVE ONE BIG, STICKY, GOOEY MESS!

PERSEVERENCE

PERSEVERANCE HAPPENS WHEN FAILURE IS NOT AN OPTION!

IBM, HEWLETT PACKARD, UNITED WAY,
EMPORIUM CAPWELL, UNITED AIRLINES,
ALACER CORPORATION, OTOMIX, PRO-SPEC, ETC.